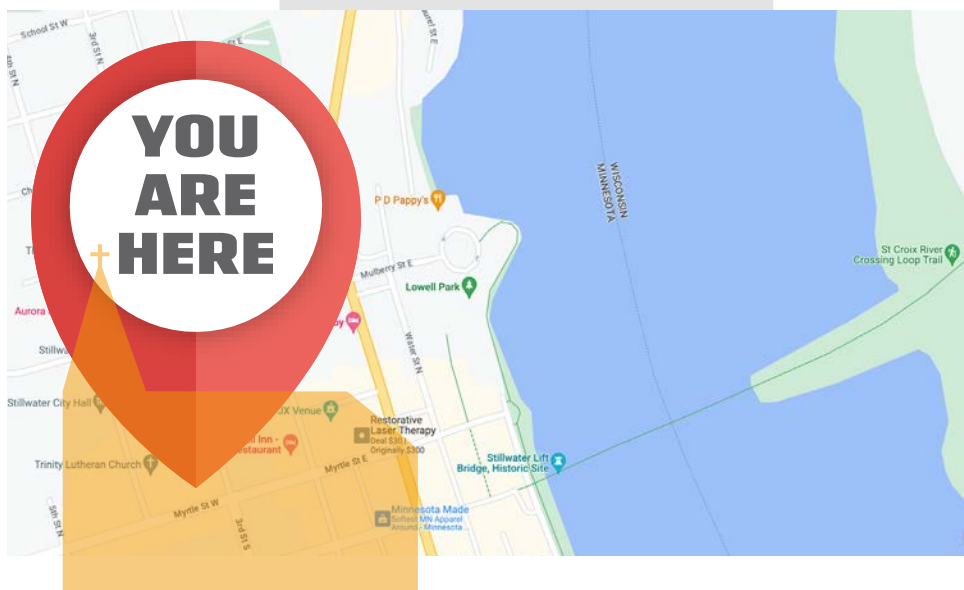


Trinity 101: Finding Your Place(s) Here



2023–2024
Ministry Guide

welcome

Welcome to our shared ministry at Trinity! This guide is an effort to summarize the tremendous number of opportunities to serve, learn and grow together as the Body of Christ. While we endeavor to find ways to connect for all, your imaginations, passions and ideas are always welcome. If there is something you are longing to try, study or experience, you will find contact people on nearly every page. Or simply let me or another member of our staff know what you are thinking.

As a congregation we are deeply committed to helping each person grow in faith and discipleship while becoming connected to a loving and hospitable community. Have fun exploring!

In Christ's peace,
Pastor Chris

Following each description is the contact person name and information.



why trinity?

Because God
first loved us,
we live as Jesus in the world,
loving God and
loving neighbor.

core values

Engaging Worship
Radical Hospitality
Authentic Community
Lifelong Faith Formation
Compassionate Action

welcome statement

Trinity Lutheran Church is a faithful community in the heart of Stillwater.

We seek to be a church grounded in the reconciling Gospel of Jesus Christ.

In doing so, we intentionally educate ourselves in becoming more effective advocates for all of God's people.

We embrace those of strong, uncertain, or undiscovered faith.

We embrace all sexual orientations, gender identities and expressions.

We embrace every age, family structure, race, ethnicity, physical and mental capacity, and economic circumstance.

We believe all people have been created in the image of God, and therefore have valuable stories and infinite worth.

our team

PASTORS

The Rev. Dr. Chris Bellefeuille,
Lead Pastor
651-323-1328
cbellefeuille@trinitylc.org

The Rev. Peter Weston Miller,
Pastor of Lifelong Faith Formation
651-323-1332
pwestonmiller@trinitylc.org

WORSHIP & MUSIC

Carol Carver, Organist
ccarver@trinitylc.org

Sonia Esch, Children's Choir Director

Ash Kadidlo, AV Tech

Phil Kadidlo, Director of
AV Ministry
651-323-1318
pkadidlo@trinitylc.org

Andrew Kreye, Contemporary
Worship Music Leader
andrewkreyemusic@gmail.com

Clark Weyrauch, Director of Worship
& Trinity Choir Director
651-323-1330
cweyrauch@trinitylc.org

FAITH FORMATION

Monty Lysne, Youth Faith Formation
Coordinator
651-323-1324
mlysne@trinitylc.org

Sarah Olson, Children & Family Faith
Formation Coordinator
651-323-1340
solson@trinitylc.org

CONNECTIONS & CARE

Kim Dahlgren, Faith Community
Nurse
651-323-1309
kdahlgren@trinitylc.org

Zanny Johnson, New Member/
Connections Coordinator
651-323-1341
zjohnson@trinitylc.org

Rich Larson, Visitation Pastor
651-485-8676
richlarson007@gmail.com

OFFICE & ADMINISTRATIVE

Linda Flood, Ministry Support &
Registration Coordinator
651-323-1319
lflood@trinitylc.org

Open Position, Wedding
Coordinator

Sarah Kinsman, Parish
Administrator
651-323-1314
skinsman@trinitylc.org

Ellen Neseth, Accounting
Coordinator
651-323-1310
eneseth@trinitylc.org

Marilee Tangen, Publications
Manager
651-323-1320
mtangen@trinitylc.org

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651-323-1311
etrosdahl@trinitylc.org

Jeannie Wendorf, Office Manager
651-323-1302
jwendorf@trinitylc.org

BUILDING & MAINTENANCE

Tom Hosek, Lead Custodian
651-270-4411

Anne Mikesh, Custodian

worship

Holy Communion is celebrated weekly at both Sunday morning services, and everyone—without exception—is invited to receive the bread and wine. Both worship services are also livestream on Facebook and available online on our website.

SUNDAY WORSHIP

9 a.m. Worship—Gathering in the Worship Center and led by choirs, organ and instrumentalists. Here you will participate with robed clergy and worship leaders. You will sing hymns, songs, liturgy and psalms from a worship book and hear a message relevant to our lives today.

11 a.m. Worship—Gathering in the Worship Center and led by a band incorporating a wide variety of contemporary worship music. The congregation engages in a time of praise and worship following the historic pattern of Lutheran worship (Gathering, Word, Message, Meal, and Sending.)

Summer Drive-in Worship in Houlton, WI (Memorial Day thru Labor Day)—In the summer months, we move our contemporary worship outdoors to the Trinity Drive In in Houlton, WI. For more details visit: <https://trinitylc.org/worship-music/worship/drive-in-summer-worship/>

One Worship Service

A few times a year we offer only one worship service on Sunday mornings at 10 a.m. to reflect a special occasion and come together as one body of Christ.

- Sunday, Sept. 10 – TrinityFEST
- Sunday, Dec. 17 – Children’s Christmas Program
- Sunday, Dec. 25 – Christmas Morning Worship

- Sunday, Dec. 31 – Lessons & Carols
- Sunday, Feb. 11 – Drive-INDOORS Worship
- Sunday, March 24 – Palm Sunday Worship at the historic Lift Bridge in downtown Stillwater

CHILDREN IN WORSHIP

Children are always welcome in worship! Here are a few ways we strive to support young families on Sunday morning.

Grace Spaces

Grace Spaces are inclusive spots around our Worship Center and Narthex for children (and anyone else!) to play, color, and be included in worship comfortably.

Calm Lounge

The Calm Lounge is located in the Chapel adjacent to the Worship Center and is available for children accompanied by a caregiver who are in need of a diaper change, a feeding, or a friendly space to work through a big feeling. Worship is live-streamed so caregivers aren’t cutoff from worship.

Worship Bags

Located near all four Grace Spaces, these bags are geared toward different ages (look at the tags) and include books, activities, crafts, and fidgets to keep little hands busy.

Sunday Open Gym

Open Gym is for children and families in between worship services. Winters are long, and playing is a great way to connect with other children! Coffee is available for parents who would like to stay in the Gym for fellowship; and for parents wishing to attend Faith Forum (see page 18), the Gym will additionally be supervised by middle/high school youth volunteers.

worship



WEDNESDAY WORSHIP

5:30 p.m. Dinner Church—Eat together and worship together in the Garden Room. Dinner church is for EVERYONE—not just for a mix of families of different ages—but also a great time for singles, couples, and friends to join in the Body of Christ at Trinity! Meal service begins (catered by local favs with suggested donation) at 5:30 p.m. and worship begins at 6 p.m.

First Dinner Church & Fall Preview Night

Wednesday, Sept. 13

Dinner is served at 5:30 p.m. with worship from 6-6:30 p.m., then stay for a preview of Faith Formation opportunities for ages Pre-K through Grade 9. (Faith Formation details begin on page 10.)

WEDNESDAY EVENING SCHEDULE

4:30-5:15 p.m. Children's Choir Rehearsal (Kindergarten-Grade 5) – Chapel

5:15-5:55 p.m. Children's Faith Lab (Faith Formation for Ages 4-Grade 5) – Narthex
(Gym open for play supervised by parents and caregivers, and Youth Room available for homework or quiet time.)

5:30 p.m. Meal Service Begins (catered with suggested donation) – Garden Room
(Families with children in Faith Lab and staying for Dinner Church

should grab food during this time for the whole family.)

6-6:30 p.m. Dinner Church (eat together, worship together) – Garden Room

6:30-7:45 p.m. Break into Small Groups:

- Middle School Confirmation (Grades 6-8)
- Adult Faith Lab (Formerly Big Kid Confirmation)
- Affinity Group Sessions (Elementary School Age)
- Supervised Play in the Gym for younger children

God is calling us back to the Table.

worship

MUSIC

Music has a rich tradition at Trinity and is an important part of every worship experience. There are many opportunities to share your talents and connect with God through music.

Trinity Choir

Clark Weyrauch, Director
Rehearsals Wednesdays, 7-8:30 pm
Worship Center

Carrying on the long tradition of choral music in Lutheran worship, the Trinity Choir offers adult singers a unique means of participation that deepens spirituality, offers a different dimension to weekly worship experience, and creates an outlet for using one's God-given talents to benefit the congregation's worship life as a whole. The choir sings September through May for the 8:45 a.m. worship service as well as for major church festival days. In addition to weekly anthems and liturgical music (psalm settings, hymn stanzas, etc.), the choir will occasionally participate in Trinity-related concerts.

Clark Weyrauch | 651-323-1330
cweyrauch@trinitylc.org

Trinity Children's Choir

Sonia Esch, Director
Rehearsals Wednesdays,
4:30-5:15 pm in the Chapel
The Trinity Children's Choir welcomes all singers in kindergarten through 5th grade. We sing in church one Sunday a month.
Sonia Esch | 651-491-2421
wisokiwi@msn.com

Sine Nomine Singers

Rehearsals week prior to performing
The Sine Nomine Singers (Latin for no name) are a group of treble voices of all ages who sing and

lead worship three to four times per year.

Carol Carver | ccarver@trinitylc.org

Worship Band

Andrew Kreye, Leader
Rehearsals Thursdays, 7-8:30 pm
Worship Center

This high-energy volunteer group of instrumentalists and vocalists leads music for outdoor, drive-in worship in the summer and the 11 a.m. contemporary service during the church year. The slate of musicians rotates weekly and works around an individual's personal schedule. Typical instrumentation is keyboard, acoustic and electric guitar, bass and percussion. Sheet music (mostly chord charts, not typically notated music) and audio recordings are provided ahead of time. Schedule an audition today!

Andrew Kreye
andrewkreyemusic@gmail.com

Instrumentalists

If you play an instrument please share your gifts at Trinity!

Clark Weyrauch | 651-323-1330
cweyrauch@trinitylc.org

WORSHIP HELPERS

Radical Hospitality is a core value at Trinity. Many volunteers engage in creating a place where everyone feels welcome!

Assisting Ministers

Lay people serve as assisting ministers. Ordained people serve as presiding and preaching ministers. The assisting minister offers prayers, helps to serve communion, and assists the pastor in any other ways needed. People age 10 and above are invited to participate.
Clark Weyrauch | 651-323-1330
cweyrauch@trinitylc.org

worship

Audio Visual Team

Trinity's worship services and concerts require several technicians to keep things running smoothly each week. People in junior high and up are invited to get trained on our audio/video and screen presentation systems. Volunteers are encouraged to help on a regular basis to reinforce familiarity with the equipment and procedures.

Phil Kadidlo | pkadidlo@trinitylc.org

Communion Bread Bakers

If you've ever wondered where our savory communion bread comes from, it is baked in our very own kitchen! This team bakes every 4-6 weeks, with day and time varying according to peoples' availability. The session is usually 1.5 hours and involves making and rolling dough, as well as cutting bread into pieces.

Susan Carr | gogriswald@msn.com

Fine Arts Team

This team incorporates art in all its many and various forms into our life at Trinity.

Sara Wagner
saraewagner@comcast.net

Flower Ministry

Altar flowers give glory to God, beautify the Worship Center and commemorate an important person or event in your life. When you give the flowers, your commemoration is shared with the congregation in the worship bulletin. Please provide at least 10 days advance notice.

Clark Weyrauch | 651-323-1330
cweyrauch@trinitylc.org

Hospitality Ministry

This inter-generational ministry helps to foster community by welcoming all and initiating

connections. Greeters extend welcome to all who enter our church doors. Coffee Crew makes and sets out coffee. Treat providers bring all sorts of delicious goodies to go with your coffee or tea. Ushers distribute bulletins, welcome all into our Worship Center, and pass the offering plate which makes possible the mission and ministry we share.

Eric Trosdahl | etrosdahl@trinitylc.org
Jana Grove-Collyard
janaz13@comcast.net

Sacristy/Communion Preparers

Set-up communion on Sunday mornings prior to 9 a.m. worship. Another team to clean-up after worship. If it is your week to set-up or clean-up you will also be asked to serve communion. This is a wonderful service opportunity that takes approximately 15-20 minutes per week. Great for families!

Sylvia McCallister | 651-491-0629
sylviamccormack@hotmail.com

Worship Arts Team

Advent – Christmas – Epiphany – Lent – Easter – Pentecost – this is the group that transforms the Worship Center for each season. They work with fabric, plants and flowers, banners, and more to bring worship visually to life.

Clark Weyrauch | 651-323-1330
cweyrauch@trinitylc.org

Worship Center Cleaning Crew

This is the group that prepares the Worship Center for worship. They make sure everything is ready to welcome family (members) and friends (visitors).

Corrine Schmidt
funkygrandmapunky@gmail.com

gifts management

JOIN THE TEAM. Our church isn't built on the gifts of a few, but on the willing hearts and hands of many who volunteer and give their time and talents to make who we are and all we do possible!

Facilities Team

The Facilities Team's goal is to plan for maintenance, upkeep, and future use of our building and grounds. We oversee maintenance projects at Trinity, determining what can be completed by volunteers and what requires a professional contractor. Team members include Dave Swager, Brian Larson, Mark Gieseke, Tom Hosek and Sarah Kinsman. Mark Gieseke
mkgieseke@msn.com

Helping Hands Team

(formerly Tuesday Guys)
The Helping Hands Team (formerly the Tuesday Guys) helps with things at Trinity behind-the-scenes in ways that may not be seen, but would certainly be missed if they didn't exist! Volunteers assist by doing light construction and repair projects around the church. To be added to the email list, contact the church office or Ron Hagen. Ron Hagen
ronbohagen@yahoo.com

Landscaping Team

Trinity's indoor and outdoor gardens are nurtured by our dedicated Landscaping Team. If you have a green thumb, love the satisfaction of pulling a weed or have a gift for watering, this team is for you!

Sandy Wendt | 651-470-1902
sjwendt46@gmail.com

Stewardship Team

Is God calling you to help sustain and grow Trinity's life-affirming ministries? The Stewardship Team's goal is to emphasize, promote, and engage this congregation in an understanding of the stewardship of our lives as a response to God's grace. You are invited to join with other members of our Stewardship Team including Pastor Chris Bellefeuille, Noah Schumacher, Melissa Haase, Mark Nelson, Ted Olson, Claudia Swendseid and Sarah Kinsman. Noah Schumacher
noahschumacher@yahoo.com

childcare & preschool

The Lake Area Discovery Center (LADC) at Trinity opened in 2006 and provides flexible scheduling for traditional preschool as well as primary child care. We are NAEYC Accredited and 4 Star Parent Aware Rated. LADC partners with Trinity providing a preschool location in our facility.

Mission, Goals & Philosophy

Our hands-on classroom experience is designed to meet children's individual needs and learning styles. All curriculum webs from the unit themes each week in environment areas, including music, art, science, reading and dramatic play. The classroom environment is set up in centers, so children may choose a wide variety of experiences. In addition, we also incorporate a "Letter of the Week" and Handwriting without Tears into the 3, 4 and 5 year old classroom daily schedules.

We believe very strongly that the parent is the first and most important teacher. Our classrooms are set up to invite parents to experience the centers with their child when they arrive at school. Each center contains a sign explaining the objective for parents. A detailed explanation of the weekly activities called "A Peek at Our Week" is emailed to parents each week. Opportunities for families to connect outside of the school day include special program events, like Grandparent's Day, the Christmas Program and the Spring Circus, as well as Family/Partnership Events like the Bike-A-Thon, Fall Festivals, Advent Fairs and Spring Carnivals.



LAKE AREA
**Discovery
Center**

There is a sense of order to our classrooms. All shelves and bins are labeled for children. Teacher made materials and games are widely used because they can be adjusted to meet children's individual needs. Teachers create cognitive games for each unit which are self-correcting, allowing children the ability to work at their own pace.

Each week, children are immersed into the "spiritual emphasis" for the week through a variety of daily activities and bi-weekly worship and conversation time lessons. These lessons and worship times are hands-on and Bible-based, written and taught by teaching staff. The curriculum always includes daily songs, prayer before meals and modeling of Christian values by the teachers.

www.ladcfamilies.org

ladctrinitystillwater@gmail.com

faith formation—children & family

Worshipping as a family is central to cultivating faith that sticks for a lifetime. Mornings tend to be a better time of day for little ones, which is why we encourage families with young children ages birth to three to focus on the foundations of worshipping together on Sunday mornings.

Sundays At-a-Glance

- **9 a.m. Worship** in the Worship Center with Grace Spaces and the Calm Lounge available in the Chapel. (Please note new worship time!)
- **10-10:55 a.m. Supervised Open Gym** for children (caregivers can stay in Gym for coffee and fellowship, or attend Adult Faith Forum)
- **11 a.m. Worship** in the Worship Center with Grace Spaces and the Calm Lounge available in the Chapel

Open Gym and Adult Faith Forum begin Sunday, Sept. 17.

Please see page 4 for additional ways we strive to support young families on Sunday morning.

See Page 4 for Children in Worship.

See Page 5 for Dinner Church.

See Page 6 for Children's Choir.

Register at: www.trinitylc.org

More information and scholarships are available.

Contact Information:

Sarah Olson | solson@trinitylc.org
651-323-1340

FAITH LAB

Ages 4 – Grade 5

Wednesday evenings

5:15-5:55 p.m. in the Narthex

We are excited to launch Faith Lab, a new Faith Formation time during the week for children ages 4 through Grade 5 to gather and encounter God through community. Each week explores a particular biblical story using material from Illustrated Ministry, and provides opportunities to focus on hearing and reflecting on the story with open-ended questions, creating meaningful art, sharing in an interactive activity based on the story, and providing an opportunity to share God's love.

As today's church thinks about and honors what real life is like for families, we hope the move from Sunday to Wednesday offers a measure of flexibility for full calendars that takes the stress off of weekends and makes space for family worship and Sabbath.

Consider beginning your Wednesday evening with Children's Choir, under the seasoned direction of Sonia Esch. Children learn how to be worship leaders through the ministry of music.

Then, move directly into Faith Lab with Sarah Olson and middle/high school volunteers, which takes children right up to Dinner Church. Dinner Church is a meal and worship service that offers a different kind of space to build on Trinity's values of dialog and discussion, room to accommodate our whole bodies, mingling with multiple generations, and a chance to lift up our shared joys and challenges as followers of Jesus.

faith formation—children & family

Following Dinner Church, check out one of the many options available for every age and stage, like FAFA (Fellowship & Faith Affinity group for elementary ages), supervised Open Gym, Middle School Confirmation, or Adult Faith Lab.

Wednesdays At-a-Glance

- **4:30-5:15 p.m. Children's Choir** rehearsal in the Chapel
- **5:15-5:55 p.m. Faith Lab** in the Narthex (Gym open for play supervised by parents, and Youth Room available for homework or quiet time)
- **5:30 p.m. Catered meal service begins** with suggested donation in the Garden Room (caregivers with children in Faith Lab and staying for Dinner Church should grab food during this time for the whole family)
- **6-6:30 p.m. Dinner Church** for all ages and stages in the Garden Room
- **6:30-7:45 p.m. Small Groups**—Confirmation for Grades 6-8, Adult Faith Lab, Affinity Group Sessions for Elementary, and Supervised Play in the Gym for younger children

Weekly Dinner Church begins Wednesday, Sept. 13 followed by a preview of Faith Formation opportunities for ages pre-K through Grade 9.

Register at: <https://trinitylc.org/registration/>

AFFINITY GROUP SESSIONS

Is your elementary-aged child ready to make deeper connections with peers and explore their faith in unique ways? If so, a FAFA (Faith & Fellowship Affinity) Group might be a great fit! Sign

up for the sessions (often 5-6 weeks) that spark interest for your child. This group meets directly following Dinner Church until 7:30 p.m. The Gym re-opens after Dinner Church until 7:45 p.m. and is supervised by a high school volunteer for any younger children needing a place to land on Wednesday nights.

Register at: <https://trinitylc.org/learning/children/>

OTHER FAITH MILESTONES & HAPPENINGS

Children's Christmas Program

Ages 4–Grade 5

Join us for *Living Word*, created by spoken word artist Joe Davis, a program that presents the story of Christmas through spoken word poetry and music. This program opens up space for children, youth, and families to ask big questions about how the Nativity story speaks to our deep longings for healing and justice in the world. Speaking and non-speaking roles available! (Look for registration in late September.)

- Rehearse Wednesdays from 6:30-7:45 p.m. Nov. 8, 15, 29 (no rehearsal Nov. 22) and Dec. 6, 13.
- Speaking roles only Nov. 8-29, 6:30-7:45 p.m.
- All participants Dec. 6 and 13, 6:30-7:45 p.m.
- Dress Rehearsal Saturday, Dec. 16 from 2-4 p.m. (speaking roles from 2-3 p.m., all participants 3-4 p.m.)
- **Program Sunday, Dec. 17 at the 10 a.m. service (one service only that morning). Call time 8 a.m.!**

faith formation—children & family

Mid-winter Family Retreat at Camp Wapo for All Ages

Evening of Friday, Jan. 5 to evening of Saturday, Jan. 6, 2024

Take a 24-hour break from the routines of life at home and retreat together as a family in beautiful Amery, Wisconsin. We'll rest, play, and have time for devotion together. This retreat is all for all ages and stages! (Look for registration in early November.)

Easter Egg Hunt

Saturday, April 6 at 10 a.m.

Easter isn't just a day, it's a season – it's a way of life! Enjoy celebrating Easter Sunday as a family, then the following Saturday, families are invited to join us for our Lake Area Discovery Center (LADC) partner event where we'll hunt for eggs and enjoy festive Easter activities. (Look for registration in mid March.)

Communion Preparation

Class on Thursday, March 7 at 7 p.m. Receive First Communion at Maundy Thursday worship on Thursday, March 28 at 7 p.m. (Option 1) OR Sunday, April 7 at 11 a.m. (Option 2) Trinity welcomes all to the table to partake in Holy Communion at any age and all levels of understanding. But, if you sense that your child is eager for a deeper appreciation and understanding of the history and mystery of the Sacrament of Holy Communion, your family might be ready to join Sarah Olson and the pastors for Communion Preparation. Learn how to bake your own communion bread and discover the gift of love and belonging we receive in Holy Communion. (Look for registration in early February.)

Baptism

Baptism is foundational to a life in Christ and is the most natural beginning point in the lifelong journey of faith. It is through baptism that we are first received into the Christian community, named and claimed as children of God forever. Through the water and the word, we receive God's love, forgiveness, and peace in baptism. So everyone involved in this important sacrament understands and takes those promises seriously, Trinity offers baptism preparation, which includes pastor-led conversation of the meaning and responsibility of baptism. Every family scheduling their first baptism at Trinity is required to complete the Baptism Orientation Milestone and have a follow-up conversation with a pastor. Parents, and sponsors, when possible, are asked to complete this milestone in advance of the date set for baptism; often, but not required, parents choose to complete all components of baptism preparation before the baby arrives so greater attention can be given to its significance. Contact Jeannie Wendorf to schedule your child's baptism. Jeannie Wendorf | 651-323-1302 jwendorf@trinitylc.org

faith formation–youth

MIDDLE SCHOOL FAITH FORMATION (CONFIRMATION)

Grades 6/7/8

DATES TO KNOW:

Wednesday, Sept. 13: First Dinner Church and Fall Preview Night

Wednesday, Sept. 20: First session of the year

Friday, Oct. 15: Middle School Lock In

Wednesday, Dec. 13: Final gathering before Christmas break (off Dec. 20 & 27 and Jan. 3)

Wednesday, Jan. 10, 2024: First session back after Christmas break

April 2024: Confirmation Overnight at Camp St. Croix, TBA

Wednesday, May 1, 2024: Final session for the year

Sunday, Oct. 27, 2024:

Confirmation Day for current 8th graders (more info to come)

6/7/8 Confirmation Basics

We are excited to welcome all 6/7/8 graders and their parents/caregivers to our Confirmation Faith Formation Milestone! We use the word “milestone” because Confirmation is just one stop on a lifelong faith journey.

What Confirmation is (and isn't)?

Again, Confirmation is a milestone. It's a water-stop along the marathon of faith. It's a celebration of growth. Also known as “The Affirmation of Baptism,” basically, it's also an opportunity for Christians to affirm for themselves in front of their faith community the growth that they have made in the promises that their parents, sponsors, and congregation made for them at their baptism. They are encouraged to take on the faith that was and continues to be gifted to them.

Wednesday Night Schedule

God's people have always celebrated the physical and spiritual nourishment of what happens around the Table. We are excited to continue with Wednesday night Dinner Church.

Weekends are busy. Patterns and rituals, including worshiping as a family, have been hard to reset post-pandemic. Dinner Church offers a different kind of space to build on Trinity's values of dialog and discussion, room to accommodate our whole bodies, mingling with multiple generations, and a chance to lift our shared joys and challenges as followers of Jesus.

The schedule:

- **5-5:30 pm:** Open Gym
- **5:30 pm:** Catered meal service begins (with suggested donation) in Garden Room
- **6-6:30 pm:** Opening Prayer and Dinner Church for all ages in Garden Room
- **6:30-7:45 pm:** Confirmation for Grades 6-8, Adult Faith Lab (Formerly Big Kid Confirmation), Affinity Group Sessions for Elementary, and supervised play in the Gym for younger children

See Page 5 for Dinner Church.

Register at: www.trinitylc.org

More information and scholarships are available.

Contact Information:

Monty Lysne | mlysne@trinitylc.org
651-323-1324

faith formation–youth

Confirmation Structure

Our system is a large-group/ small- group set up, with a large group presentation followed by small group check in and conversation about the topic taught. Each child is placed in a small group of about 6-8 kids with a friend or two and a caring adult leader. We strive for much more than simply instruction—we want kids to learn, of course, but we also want kids to connect with each other in small groups and share the highs and lows in their life. In short, we want our program to be about *ministry* as much as instruction. The parts of our process:

Learning – We cycle through the basics of the Old and New Testament, Martin Luther and the Small Catechism, Jesus, the Ten Commandments and more, depending on the year. We teach in engaging ways that cover all learning styles: art, music, video, skits are all involved to help get our teaching across.

Service – Various times during the year, groups will have the opportunity to gather for a service event or other fun event as a small group or with another small group. If we want a child to learn how to be a servant, we think it best to help them serve! In the past we've been part of meal packing, fundraising, the famous Lutefisk & Meatball Dinner, mission trip support, and other various events.

Play – In a small group, fun experiences bond you together and allow you to tell good stories about one another. With this closeness comes more honest conversations in small group. Each year groups hold events

simply for fun that kids and in which their small groups can participate. We also are planning lock-ins, retreats, and other various events for all our kids to enjoy together.

Home – We do believe that parents/caregivers need to be a central part of the adolescent Confirmation journey. We don't want to run another “drop off” program where parents/caregivers are not called to be a part of the process. Various studies show us that no one is a bigger influence on the faith of a child than a parent. We do realize that planning intentional time to talk about faith and life can be a tough and even uncomfortable proposition. We equip and partner with parents and caregivers with the time, motivation, and the tools to begin regular faith talk in the home. We send out a weekly email with updates on what we are covering at 678 Confirmation and include a “FAITH5” sheet to help guide some regular caring conversations. We also schedule various “All-In” sessions during the year so parents and caregivers can get together with other adults for practical advice from various professional theological and child development specialists.

In short, we don't want to replace a parent as an influencer of faith for the child. We want to partner together with parents, so kids have the most positive and powerful Confirmation journey possible!

faith formation–youth

9th GRADE FAITH FORMATION

Confirmation Day and Entry into High School Ministries
Ninth grade is when we get closer to the Affirmation of Baptism (Confirmation) Day milestone and participation in high school ministries! Ninth graders have learned much and enjoyed their time in Middle School Confirmation (hopefully!) and all of this leads up to Confirmation Day on Sunday, Oct. 29 and High School Ministry after. Here is a quick peek at the last part of the Confirmation Milestone and High School Ministry.

DATES TO KNOW:

Now –We will ask all new 9th graders to register.

Sept. 13 – 9th Grade Dinner Church/ Parent-Confirmand Overview: Dinner Church begins with food at 5:30 PM, Worship at 6 PM, and an overview of Confirmation Day from 6:30 – 7:30 PM. This gathering is for parents and Confirmands to get up-to-speed on the whole Confirmation process.

Sept. 20 – Help Out on Wednesday nights: Volunteer to be of service in the gym with the little kids, helping set up Dinner Church, or even sit in as a High School helper in a Confirmation Small group.

Sept. 20 – High School Group Begins: You are invited each Wednesday night from 7:45 – 8:30 PM for a drop-in gathering in the Youth Center. Sometimes Bible Study, sometimes other discussions, sometimes games. Come build some connections with others and make some lasting friends! Additional HS Ministry events are also in the works.

Oct. 1 Meeting (required) – We plan to have an important gathering to have some offsite fun together, as well as talk about Confirmation Day. Dinner included. A 6 PM start and 9 PM finish.

Oct. 15 Small Groups Meeting (required) – We will also gather as small groups (parents need not attend) on Sunday evening, October 15 from 7 – 8:15 PM to go over projects and last-minute Confirmation Day details.

Oct. 29 – Confirmation Sunday: Confirmation Day is in the Trinity Worship Center on Sunday, October 29. Families can choose to attend either the 9 AM or 11 AM service this day. Details on this service will be coming.

Your Responsibilities

1) Create a stole to be worn on Confirmation Day

2) Complete the Faith Project
Your faith project consists of:

1. Choosing a Confirmation Bible verse
2. My Faith Adventure Reflection questions
3. Creative project (art, essay, poem, video, song, etc.)
4. Share your creative project with your small group in person
5. Hold a brief Zoom interview with Monty, Pastor Peter or Pastor Chris

This is an exciting time and water stop on your faith journey!

Register at: www.trinitylc.org

More information and scholarships are available.

Contact Information:

Monty Lysne | mlysne@trinitylc.org
651-323-1324

faith formation—youth

HIGH SCHOOL MINISTRY

Grades 9-12

Welcome to High School Ministry at Trinity! We believe that high school ministry shouldn't be about youth doing programs, but youth doing ministry, and what we offer gives you a chance to serve not only locally, but globally!

Wednesday Night Focus

Along with Sunday worship, Wednesdays will be a weekly focus of action and ministry activities.

Sept. 20 – Help Out on Wednesday nights: Volunteer to help with open gym, in the kitchen, as a part of the clean-up crew, or be a small group co-leader in Grades 6/7/8 Confirmation small group – there are options for you to help and make a difference!

Sept. 20 – High School Group Begins: High School students are invited each Wednesday night from 7:45 – 8:30 PM for a drop-in gathering in the Youth Center. Sometimes Bible Study, sometimes other discussions, sometimes games. Come build some connections with others and make some lasting friends!

A newly formed Youth Ministry Leadership group of High School students will also chart the course for various other group events and retreats this fall and winter.

Sunday Service Opportunities

Plug in and help on Sundays as a gym attendant, worship assistant, greeter, usher, communion server, AV team member, part of the worship band – whatever you feel called to do! Sunday's offer a wealth of opportunities to be of service to our local congregation.

Summer 2024 Ministry Opportunities

1. Global Service – Puerto Rico Mission Trip June 22-29, 2024

We're once again heading to Puerto Rico for another summer mission trip in 2024! This trip will take place June 22-29 and will be centered in and around the central city of Jayuya. It allows for us to pitch in with everything from yard work and clean up, to painting houses and even leading Vacation Bible School. There will be time for experiencing the rainforest, visiting local beaches, enjoying local foods and customs, as well as conversation, devotions, and prayer.

Organizational meetings with up-to-date details will begin in late 2023, including a calendar of events leading up to the trip, costs, travel specifics, and sponsorship guidelines. This mission trip will run on a two-year on/one-year off cycle, with the next trip taking place in the summer of 2026. The trip is open to all high school students who have completed at least one year of high school (grades 9-12).

faith formation–youth

2. National Service – ELCA Youth Gathering in New Orleans July 16-20, 2024

Every few years, thousands of high school youth and their adult leaders from across the Evangelical Lutheran Church in America gather for a week of faith formation known as the ELCA Youth Gathering. Through days spent in interactive learning, worship, Bible study, service and fellowship, young people grow in faith and are challenged and inspired to live their faith in their daily lives. The goal is to create environments and opportunities for faith formation through worship, interactive learning, Bible study, service, and fellowship. While some of the experiences can be replicated at home, some are unique and special to the Gathering because of the size and scope of this ministry.

St. Paul Lutheran Church in Stillwater will be the lead for this event, with Trinity partnering with them. Organizational meetings with up-to-date details will begin in late 2023, including a calendar of events leading up to the trip, costs, travel specifics, and sponsorship guidelines.

3. Leadership Development – “Roots” Camp at Camp Wapo near Amery, WI late July, 2024

Roots is a unique camp ministry program and a great opportunity for growth and faith development for High Schoolers in a small group setting. The Roots program is focused on developing leadership skills, community building, digging deep into faith, personal reflection, and building confidence. Roots has a schedule that is perfect for the high school age group that allows time for lots of friendship building and intentional community time.

Roots campers will enjoy all the traditional camp activities at Wapo, in addition to some day trips to Ox Lake for low ropes challenge course and laser tag. Join in for a fun and unforgettable week of camp designed specifically for upcoming High School leaders!

Contact Information:

Monty Lysne | mlysne@trinitylc.org
651-323-1324



Sunday Faith Forum

Sundays at 10 a.m. | Garden Room
(between worship services)

Exploring Peace as God's People

Peace in our world. Peace in our heads. Peace with our bodies. Peace with the earth. Peace in the everyday. Peace be with you always. We will have a variety of creative speakers and teachers who will be joining us this Fall and Winter. We would love to have you come take part in peace-making and peace-embodiment. Join us Sundays in the Garden Room.

Faith and Civic Life Study

Sept. 17, 24 & Oct. 1

10 a.m. in the Garden Room

We will finish off the last three sessions of this ELCA Study and Task Force to begin the year. The curriculum invites participants to delve into the nature of politics, the meaning of the Scriptures, the purpose of government, the responsibility of congregations and church-related organizations, First Amendment issues, the relationship of faith-based living and civic life, connections between worship life and serving neighbor in society, the nature of citizenship, and other relevant topics. These are weighty and difficult discussions for people of faith!

The 1619 Project: American Origins and the Meaning of History with Chris Gehrz

Sundays, Oct. 8 & 15

10 a.m. in the Garden Room

Back by popular demand, Professor Chris Gehrz will talk about how we understand American history in light of the ongoing trauma of slavery, Civil Rights, George Floyd's murder in Minneapolis and the shared teaching around these topics.

Peacemakers in the Beatitudes with Kristofer Phan Coffman

Sundays, Oct. 22 & 29

10 a.m. in the Garden Room

Kristofer Phan Coffman is Assistant Professor of New Testament at Luther Seminary and a Ph.D. student in the Department of Classical and Near Eastern Religion and Cultures at the University of Minnesota, Twin Cities. He is currently finishing his dissertation which focuses on the Gospels of Matthew and Mark and the ways in which their authors use agricultural imagery to describe the coming kingdom of God and Jesus as the Messiah who ushers that kingdom in. Kristofer brings his own experience as a first generation Cambodian-American to his readings of the biblical text in an effort to help readers reframe their reading of ancient texts as a cross-cultural interaction, hoping to build skills both for the reading of the biblical text as well as the modern task of relating to people from cultures different than their own. Upon completion of his degree, Kristofer will become, to the best of his knowledge, the first Cambodian to receive a doctoral degree in any aspect of biblical studies.

faith formation & learning

In addition to his work in the New Testament, Kristofer writes on food, farming and sustainability for the Preserve Journal, an independent print publication dedicated to the exploration of a more sustainable, resilient and responsible food culture.

For offerings throughout the year, check our web site at: <https://trinitylc.org/learning/adult/adult-ed/>

Pastor Peter
pwestonmiller@trinitylc.org
Penny Catlin | pccatlin@juno.com

Adult Faith Lab

(Formerly Big Kid Confirmation)
Wednesday Evenings
6:30-7:45 pm | Living Room
Following Dinner Church (see page 5), we will convene in the Living Room (on the lower level next to the Library) to explore the Bible, Lutheranism, what it means to live in the world as a person of faith, and contemporary questions. This is for all adults who are curious and interested in growing in faith, building relationships, and considering some hard questions. We will begin this fall with "Intro to the Old Testament"—with all of it's complexity, apparent contradiction, challenging laws, conflicted characters, and sordid stories! And where we meet a God who is eternally faithful. We will gather for learning whenever Middle School Confirmation meets.
Pastor Chris
cbellefeuille@trinitylc.org



Trinity Library Team

The Trinity Library is located on the lower level of the church. Library volunteers work cooperatively with ministries of all ages and strive to provide resources that encourage the study of God's Word and the growth of each person's relationship with God. The children's section includes board books, picture and chapter books, both Christian and secular, which help kids see God in all parts of their lives.

The adult non-fiction section contains a variety of topics, such as Christian living, self-improvement, marriage, parenting, family life, autobiographies, and women's issues. The fiction section, both Christian and secular, grows constantly through recommended purchases and current Book Club donations. There are a variety of resources available to assist with daily needs including: grief, theology references, Biblical concordances, Bible study materials for individual or small group use, LBGTQ, gratitude, hobbies. The Trinity Library is also fortunate to have a large Hazelden Recovery Resource collection.

If you have ever thought it would be fun to help out in the Library, join us!

Andrea Eckman | 651-756-9153
andreaeckman@gmail.com

outreach & missions

Outreach Missions Team

The Outreach Missions Team supports the vision of Trinity: providing an environment where people of all generations can live as Jesus in the world, loving God and loving neighbor; participating regularly and utilizing their strengths; teaching about the Accompaniment model of mission and ministry. The team encourages healthy small group mission activities led by individuals with passions in varied areas. The team consists of 10 individuals with three-year terms, who have fiduciary responsibility for all funds designated to missions. Team chair: Marie Liberda mbvgro@gmail.com 484-577-7272 Secretary: Sandy Wendt 651-470-1902 sjwendt46@gmail.com

Disaster Relief

The Missions Team sends donations to disaster relief in various parts of the United States and the world via Lutheran designated organizations.



Outreach Mission Ministry Team mission statement:

We will follow God's example of love by collaborating with others to facilitate a world in which the basic needs of all people are met in an environment of peace with justice. (See Matthew 25:25-36 and Isaiah 58:6-8.)

GLOBAL MISSION

The focus for international mission has three primary elements centered in walking alongside our Tanzania mission partners: our Companion Congregation relationship with the Mwatasi Lutheran Church in the rural high country of the Iringa district; providing Secondary School and College Scholarships for students from Mwatasi; and the medical ministries started by the late Dr. Mark Jacobson in Arusha. We also maintain involvement with partner organizations such as Iringa Hope (savings and loan agriculture cooperative), St. Paul Partners (water engineering), water projects in Mwatasi village as a whole, and Global Health Ministries.

Contributions to Tanzania

Scholarships are a critical need and are welcomed throughout the year in any amount. Secondary school scholarships average \$450 per student per year. We have been committed to sponsoring about 26 students each year from our partner congregation in Mwatasi. Scholarship payments are made each December for the coming year. Michele Hermansen | 612-868-2255 michele2255@gmail.com Marie Liberda | 484-577-7272 mbvgro@gmail.com

LOCAL MISSION

The opportunities in local mission are many. The current focus of the mission team is hunger, housing and supporting children of incarcerated parents during the Christmas season.

outreach & missions

Angel Tree Christmas Gift Ministry

Late November to early December the Angel Tree gift ministry provides gifts for children and gift cards for caregivers of children whose parents are incarcerated. In addition to providing the gifts themselves or donating money for gift cards, volunteers are needed to help sort and deliver gifts. Assistance welcome.

Wendy Worner | 612-669-8109
wworner@earthlink.net

Community Thread

Volunteers are needed for the many activities run by our local Community Thread. Consider being part of the Transport Team (providing rides to and from medical appointments, social visits and errands); the Call Companion Team (socializing from the comfort of your home by calling a new friend two times per month); the Home Help Team (assisting with indoor/outdoor tasks such as lawn care, small repairs, house cleaning, pet walking, technology support); the Lawn Care Crew (adopting a yard to help with routine mowing), or annual one day events which include Stuff the Bus, River Rally, Holiday Hope, and Rake a Difference Day.
<https://communitythreadmn.org/>
651-439-7434

Dream of Wild Health Farm

Support from the Missions Team has helped the Indigenous youth of the Twin Cities area to achieve their mission to "restore health and well-being in the Native community by recovering knowledge of access to healthy indigenous foods, medicines and lifeways." Their farm is in Hugo.
<http://www.dreamofwildhealth.org>

God's Work, Our Hands

A volunteer coordinator is needed for Trinity's participation. One event in September 2024.
Marie Liberda | 484-577-7272
mbvgro@gmail.com

Homeless Strategy & Advocacy Team (HSAT)

A Homeless Strategy and Advocacy Team (HSAT) is a collaboration of church members from several congregations in the St. Croix Valley that have an interest in reducing homelessness. HSAT partners with the organization called Settled to sponsor a tiny home for a person experiencing chronic homelessness. Settled is a non-profit that activates and equips faith communities to reduce homelessness through sustainable housing, purposeful work and supportive community.
John Hodler | johnhodler@gmail.com
Mark Weber
markweber22@outlook.com

Last Sunday Supper

Served next door at Ascension Episcopal Church, Last Sunday Supper is a FREE, delicious, home-cooked community dinner for people of all ages who live in the St. Croix Valley area. Everyone is invited to the meal and to volunteer!
Josh Longnecker | 651-263-6803

Valley Outreach

Donations of food, as well as personal hygiene items and clothing are needed all year. Volunteer opportunities can be found in both the Food Shelf and StyleXChange Clothing store. There are a variety of days, time slots and tasks to choose from and an orientation session is also provided.
<http://valleyoutreachmn.org>
651-430-2739

ABIDE READERS

Accountability • Belonging • Inclusion • Diversity • Equity
Meets for book discussion on the last Monday of the month from 6:30-8 pm | In person and on Zoom
We are called to open our hearts and minds to the stories and to the lives of our neighbors. Jesus commanded us to love our neighbors and he named them, in story after story, as the most vulnerable among us. Our neighbors have much to tell us today and we have very much to learn. Their stories may seem like a difficult and unwanted read, but like us, our neighbors abide in faith, hope and love. We will read, listen, learn, and respond in love. Add your name to the email list for updates.
Ann Wolff | wolff701@msn.com

Advent P.A.U.S.E. (Peace And Understanding—a Season to Embrace)

Early December
Ad`vent` (noun) def. the start or beginning: The season of Advent is the beginning of the story that leads to Jesus. It is a story that transforms lives, and gives purpose, and hope. Created for women of all ages: for friends, family, coworkers, neighbors, and more! Come join other women at a small, relaxing gathering. A variety of dates and locations are offered to fit your schedule. Gather with a warm beverage in hand, pause, and reflect on the wonder of the season. Watch for P.A.U.S.E. sign-up opportunities or call the Church Office beginning in mid-November. Advent P.A.U.S.E. hostesses and leaders are needed.
Karen Gieseke
651-492-6610 | kgieseke@live.com

Affinity Groups

Do you have a specific interest that you would like to share with other Trinity folks? Biking. Birding. Recently Baptized. Affinity Groups are forming now and are great opportunities to gather around shared interests or identities. If you would like to learn more or would like to lead a group please contact Pastor Peter. Pastor Peter
pwestonmiller@trinitylc.org



Bridge for Trinity

First Monday of the Month
8:45-11:45 a.m., Boutwell's
Brownstone A Community Room,
5450 Nolan Pkwy.
\$5/Offering to Trinity
Join us, the first Monday of each month, 8:45-11:45 a.m. at Boutwell's. Advance notice is not necessary. Just come when you can and bring friends for a morning of casual, fun bridge with men and women of all levels. Bridge players must be fully vaccinated to be in line with the current policy. Players of all levels are welcome!
Ann Wolff | wolff701@msn.com

Earth Keepers

The Trinity Green Team is now known as Earth Keepers, and our mission is simple: Leave it better than you found it. If you have a calling to help with the environment, and want to contribute to positive changes and actions, this is the team for you!

Scott & Jill Kneeskern
kdkdesign4@gmail.com



Group Spiritual Direction

Six-session series offered various times throughout the year
“Spiritual direction is like a lazy river...slow moving, unexpected and fluid, while still boundaried. It is a safe place to experience the presence of the Holy Spirit through guided centering prayer, scripture, silence and the sharing of others.” Spiritual Direction Groups meet 6 times, about every other week, or as the group decides. Group sizes are from 3 to 6 people. We offer group spiritual direction series at various times throughout the year. Must have access to a computer, a commitment to attendance and confidentiality, and a willingness to share and listen.

Zanny Johnson | 651-323-1341
zjohnson@trinitylc.org

LET'S GO Ministry Group

LET'S GO ministry is open to everyone and activities are for all people of all ages, abilities, and interests. Our mission statement is: LET'S GO is a ministry of Trinity Lutheran Church that embraces ALL people through educational or recreational opportunities. LET'S GO aims to inspire, invigorate, and build friendships while participating in a wide variety of activities, knowing that God is with us always.

Activities such as hiking, picnics, biking, theater, art, snowshoeing are determined by the team. New ideas and suggestions are always welcome and can be shared with any team member.

Events are announced in Trinity communications followed by an email reminder. Contact any team member to be added to the email list to receive event reminders.

Team Members:

Randy Propp |
rapropp56@gmail.com – Team
Co-Leader
Sandy Wendt – Team Co-Leader
sjwendt46@gmail.com
Molly Birkeland |
mollybirkeland78@gmail.com
Joan Fogelberg | joan@123m.com
Lynne Funk | lynnef2019@gmail.com
Lisa Kehe | lmkehe@comcast.com
Jill Longnecker | jnjlony@msn.com
Randy Nelson |
Randy.Lynn.Nelson@gmail.com
Mary Soderholm |
mes1135@live.com
Sandy Weber |
stillweber@hotmail.com



congregational life

Men's Bible Study

Thursdays at 8:30 a.m.

Boutwells Landing, Skyview
Conference Room

Pastor Steve Hokonson is leading a men's Bible study. The Bible study meets on Thursdays at 8:30 a.m. in the Skyview Conference Room located on the second floor of Boutwells Landing main building located in Oak Park Heights. Invite your friends and neighbors, as participants are from Trinity and other area churches.

John Hodler | johnhodler@gmail.com

Racial Justice Ministry Team

Taking steps individually and as a faith community towards understanding, confronting and dismantling the racial bias and systemic racism that is around us, among us, and within us. The group is committed to both education and action and sponsors events seasonally at Trinity. If you have a heart for this work, join our team!

Rachel Schmeltzer

rachel.schmeltzer@gmail.com



Reconciling in Christ (RIC) Team

Trinity became a Reconciling in Christ (RIC) community in 2018, read our full welcome statement on page 2. Trinity is regathering the RIC team to more effectively explore how our faith informs our reflection and response to what is happening among and to the LGBTQIA2S+ community. We are excited to experience God's spirit

in this holy journey together, where all are welcome in their belovedness as a child of God, created in God's image. And YOU are invited to be a part of this shared work!

Karen Gieseke | kgieseke@live.com

SOLO
55 **PLUS**
Singles Group
for Ages 55 & Up

Solo 55 Plus:

Over 55, Single and Active?

Come and meet other singles and join this faith-based group where friendship and support is our mission. Each week we send a newsletter to members with valuable information and fun. Options for activities include walks, dinners, games, special events and more. To receive the newsletter or for more information about this group, please send an email to: SOLO55PLUS@gmail.com

Trinity Golf Group

Thursdays at 10 am

Applewood Golf Course

Every Thursday during golf season and weather permitting, we play at Applewood Golf Course. Open to everyone who likes to golf! Tee time 10 a.m.

Hope to see you there.

Gene Kelm | 651-439-1374

gene.a.kelm@gmail.com



**TRINITY TIRED
MEN'S TROUPE**

For busy men who
want to connect with
God and each other

Trinity Tired Men's Troupe (TTMT)

One of Jesus' most overlooked miracles is having a dozen or so friends in his 30s. If you are looking for a little more community and connection with other busy guys, TTMT would love to have you join our roster. Some guys have met for coffee or for a beer at a local hangout. No prerequisites. Just abundant support, grace, laughter and God's love to go around. Join the TTMT crew!

Pastor Peter

pwestonmiller@trinitylc.org

Tuesday Morning Book Group

Tuesdays at 9:30 am

Join other women in friendship and lively conversation about fiction and non-fiction books covering a wide variety of topics and themes.

Penny Catlin | 651-485-8319

pccatlin@juno.com

Women's Bible Study

Tuesdays at 9 am, Meeting in the Living Room

Beginning Sept. 19

We are studying Kathleen Urtel Johnson's *Whole Bible, Whole Life*, this year focusing on Ephesians. We start with prayer requests, and we pray at the end of our study time together. All study and Bible readings are in class, so there is no homework, and all are welcome!

Lynn Schurrer

schurrer@aol.com | 651-430-1632

WOMEN'S CIRCLES

Anna Circle

Meets second Tuesday at 4:30 p.m.

Contact: Jean Groppoli

Dorcas Circle

Meets second Thursday at 1:30 p.m.

Leaders: Lois Walton &

Betty Wasmundt

Study Leader: Darlene Parent

Leah Circle

Meets second Tuesday at 9 a.m.

in the Community Room at

Boutwells Building B

Leaders: Sally Studtman &

Phyllis Paulson

Secretary: Sandra Monson

Treasurer: Connie Thalacker

Marion Circle

Meets second Wednesday at

1 p.m. in members' homes

Leader: Pat Reinke

Treasurer: Joanne Brown

Rebekah Circle

Meets second Monday at

12:30 p.m.

Leaders: Carolyn Minor &

Dellzie Hodler

Study Leaders: Rita Lawson

Sunshine Fund: Sandi Steinmetz

Circle Leaders' Covenant

The purpose of this team is to ensure connections and help equip and support leaders so all women in Trinity Circles experience:

- Mutual care and love
- Atmospheres in which Jesus has an on-going opportunity to transform their lives
- Encouragement to serve in areas of passion and strength

Zanny Johnson | 651-323-1341

zjohnson@trinitylc.org

Women's Retreats

Mark your calendars for time away with other Trinity women to be refreshed, spiritually uplifted, make new friends and strengthen connections with those you already know!

Half-Day Retreats:

Saturday, Nov. 18

Location TBD

Saturday, March 9, 2024

Location TBD

Zanny Johnson | 651-323-1341

zjohnson@trinitylc.org

Women's Talk and Tea

May 4, 2024 at 10:30 am in the Garden Room

This Trinity tradition continues in May! Women gather for a lovely morning of tea, refreshments, fellowship and guest speaker. Save the date and watch for more details.

Zanny Johnson | 651-323-1341

zjohnson@trinitylc.org

congregational care

Caring Friends

Caring Friends help Trinity stay in touch with people 80 years and older through intentional, caring relationships. They also host the Celebrating Seniors event, consisting of worship and a luncheon with entertainment—save the date for Wednesday, Dec. 13. If you are interested in being a Caring Friend, contact Zanny Johnson. Zanny Johnson | 651-323-1341 zjohnson@trinitylc.org

Funeral Hospitality Ministry

The Funeral Hospitality team offers comfort and support to bereaved families who choose to host a funeral luncheon at Trinity. Lynae Olson | 612-418-1513 lynae.ke.olson@gmail.com Dellzie Hodler | 651-485-9902 dellziehodler@gmail.com

Grief Support Groups

Grief groups are for those interested in learning more about their own grief and being supported by others. Groups meet for six weeks. Zanny Johnson | 651-323-1341 zjohnson@trinitylc.org



Knitting Ministry



Knitting Ministry

Fourth Thursdays, 10 a.m., Narthex
If you love to knit (or would like to learn), join us to make prayer and baptismal shawls, hats, mittens and other items, which are given to people in need in our community and throughout the world. Come whenever you can, or contribute what you make at home.

Lois Walton | 651-439-6948



Make a Meal Ministry

MMM! Make a Meal Ministry

Trinity's Make a Meal Ministry provides meals to folks during times when a little extra help and support is needed.

Zanny Johnson | 651-323-1341
zjohnson@trinitylc.org
Lucinda White
lucindazehr@gmail.com

Multiple Myeloma Support Group

Meets on 2nd Wednesdays of month
1-3 p.m. | Living Room
Open to patients and care partners.
Barb Davis | 651-210-2985
stillwater@imfsupport.org

congregational care

NAMI EVENTS

Trinity partners with NAMI (National Alliance on Mental Illness) of Washington County to provide resources for those living with or having a loved one with a mental health condition. Visit <https://namimn.org> and watch for upcoming events through Trinity's regular communication channels (bulletin, email newsletter, etc.).

Jeneal Olsen, NAMI Community Educator | momjmo@comcast.net

Prayer Group

Trinity's Prayer Group prays for those who have requested prayers, prayer list is updated weekly. Group members are passionate about the impact and importance of praying for the concerns of others and the needs of the world. All prayer requests are confidential and only shared with permission.

Kim Dahlgren | 651-323-1309
kdahlgren@trinitylc.org

Quilting Ministry

Tuesdays, 2-4 pm, Living Room
Make quilts to distribute to those in need, both locally and globally. No quilting experience necessary. Everyone is invited—come every week or whenever you can. Donations of fabric and supplies also welcome.

Zanny Johnson | 651-323-1341
zjohnson@trinitylc.org

Sunshine Ministry

A flower is sent on milestone birthdays: 75, 80, 85, 90 and every year thereafter. The Sunshine Ministry is financially supported through the sale of dish cloths and embroidered dish towels. Dish towels to embroider are available in the Church Office or reach out if you need them delivered.

Carolyn Minor | 651-439-7139
Zanny Johnson | 651-323-1341
zjohnson@trinitylc.org

The Bridge Tai Chi Chuan

Mondays | 6:30-8 pm

Gym | \$30/month

For people of all levels, Tai Chi offers an exploration of body, mind and spirit connections.

Benefits include:

- Mind/body awareness
- Energy level
- Flexibility
- Balance and coordination
- Concentration
- Lower back strength
- Reduce stress

David Teschler | 612-991-5117



Volunteer Visitation Ministry

The Visitation Ministry program connects Trinity's homebound persons with volunteers who have a heart for, and feel called to, face-to-face supportive visits. These regular points of contact provide encouragement and express God's love to those who aren't able to attend worship or other church activities. Volunteers can also bring the sacrament of Holy Communion and connection to the homebound on a monthly basis. Communion kits are blessed during congregational worship, training and prayer booklets are provided. Volunteers receive training, time commitment: three-five hours per month. If you would like to be involved in this care ministry, or would like to receive visits, contact Kim Dahlgren. Kim Dahlgren | 651-323-1309 kdahlgren@trinitylc.org



YogaDevotion

Chair/Flow Combo Class

Thursdays, 9 am, \$11 per class
Meeting In Person & on Zoom
Come and experience God's presence through the practice of yoga. Meeting in-person in the Narthex and online through Zoom—choose the option that works for you. All levels and abilities welcome!

Sue Peterson | ToddlinSue2@aol.com

YogaDevotion session dates:

Sept. 14–Nov. 2 – \$88

Nov. 9–Dec. 21 – \$66
(no class Nov. 23)

Jan. 11–Feb. 29 – \$88

March 7–April 25 – \$88

May 2–June 20 – \$88

June 27–Aug. 15 – \$77
(no class July 4)

AA Meetings

Mondays, 7 a.m. Weekly Kickoff
Tuesdays, 7 a.m. As Bill Sees It
Wednesdays, 7 a.m. A Step Meeting
Thursdays, 7 a.m. The Study Group
Fridays, 7 a.m. Book of the Month
Saturdays, 8 a.m. Amigos III

These are open, non-smoking meetings and offer confidential support for people struggling with chemical addiction. Please use the 4th Street entrance.

Al-Anon

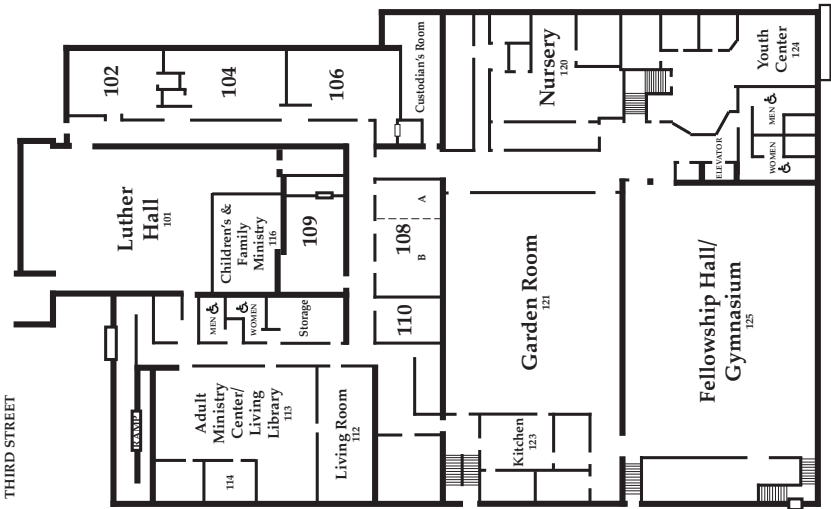
Thursdays, 11 a.m.
Saturdays, 8 a.m.
Open meeting for family and friends of people struggling with addiction.

Recovery Resource Library

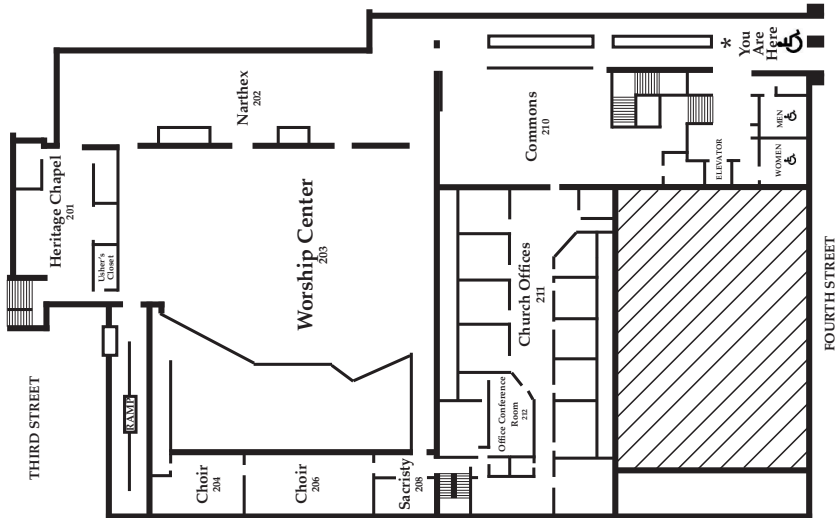
The Trinity Library is home to one of the larger addiction libraries in the St. Croix Valley. The Hazelden Foundation BookAid Program graciously donated the materials. Since everyone is touched by the many kinds of addictions we encounter in life, all are invited to use this valuable resource addition to the Trinity Library.

Andrea Eckman | 651-756-9153
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LEVEL ONE



LEVEL TWO





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